

# 2009 WORCESTER AREA FOOTBALL ASSOCIATION

## 19th Annual All-Star Teams

As Selected by the Sports Information Directors  
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### PLAYER OF THE YEAR

Dominic RANDOLPH, Holy Cross, Sr., QB, Amelia, OH (07)(08)

### OFFENSIVE PLAYER OF THE YEAR

Herbert WOODARD, Assumption, Jr., RB, Bridgeton, NJ

### DEFENSIVE PLAYER OF THE YEAR

Dustin ZITZMANN, Assumption, Sr., LB, Pinellas Park, FL

### FRESHMAN OF THE YEAR

Eddie HOUGHTON, Holy Cross, Fr., TB, Toronto, Ontario

### CO-COACHES OF THE YEAR

Tom GILMORE, Holy Cross (07)(08) \* Cory BAILEY, Assumption College

*NUMBERS AFTER PLAYERS NAMES INDICATE PREVIOUS HONORS*

### OFFENSIVE TEAM

QUARTERBACKS	College	Cl	Hgt	Wgt	Hometown
1st	Dominic RANDOLPH (06/07/08-1)				Holy Cross
SR	6-3	223	Amelia, OH		
2nd Andrew KUPEC	Assumption	JR	6-0	200	Wyckoff, NJ
2nd Jordan CANNAVA	Fitchburg State	JR	6-0	175	Woburn, MA
RUNNING BACKS	College	Cl	Hgt	Wgt	Hometown
1st Herbert WOODARD (07/08-1)	Assumption		JR	5-8	165
Salem, NJ					
1st	Steve AUSTIN	Fitchburg State		SR	507 195
Jupiter, FL					
2nd Ernie MELLO	WPI	SO	5-10	175	Wilmington, MA
2nd Aaron CHAMPAGNE	WPI	JR	5-11	195	Fairfield, ME
2nd Nate ADAMES	Anna Maria	FR	5-9	170	Salem, NH
TIGHT ENDS	College	Cl	Hgt	Wgt	Hometown
1st Alex SCHNEIDER	Holy Cross	SO	6-7	247	Inver Grove Hgts., MN
2nd Ryan MERCADO	Becker	SR	6-1	240	New London, CT
WIDE RECEIVERS	College	Cl	Hgt	Wgt	Hometown
1st	David CANNEY (06-2)(07-1)				Assumption SR 6-1
195	Templeton, MA				
1st Luke CHMIELINSKI	Holy Cross	JR	5-10	191	Walpole, MA
1st Carlos DE LA ROSA	Fitchburg State	JR	6-0	165	Holyoke, MA
2nd Fred SANTANA	Holy Cross	JR	5-9	185	Staten Island, NY
2nd Anthony PILLARI (08-2)	Nichols	SR	5-9	170	Lumberton, NJ
2nd R.C. GRADY (08-1)	WPI	SR	6-5	210	Shirley, MA
2nd Bill EDGER	Holy Cross	SR	6-3	196	Hainesport, NJ
2nd Domenique CONCEPCION	Anna Maria	FR	6-0	160	Middlebury, CT
OFFENSIVE TACKLES	College	Cl	Hgt	Wgt	Hometown

1st		Matt SIDEBOTTOM (08-1)			Assumption
	SO	6-4	315		Waterbury, CT
1st	Aaron JONES (08-1)	Holy Cross	SR	6-4	360 Springfield, OH
1st	Mike MC CABE	Holy Cross	JR	6-5	320 Watertown, CT
2nd	Brandt GENGA (08-2)	Nichols	SR	6-4	260 Middletown, RI
2nd	Sean DOOLIN	Worcester State	SR	6-4	255 Reading, MA
2nd	Cameron COE-SMITH	Becker	JR	6-1	275 Medford, MA

		College		Cl	Hgt	Wgt	Hometown
1st	Chris POOLE (08-2)	Holy Cross	SR	6-6	310		Scituate, MA
1st	Stan ST. JUSTE	WPI	SR	5-8	250		Everett, MA
2nd	Charles BAKER	Nichols	SO	6-2	240		Milton, MA

		College		Cl	Hgt	Wgt	Hometown
1st	Chris SMITH	Holy Cross	SR	6-1	285		Buffalo, NY
2nd	Justin POLLARD (07/08-1)	WPI	SR	6-1	245		Taunton, MA

		College		Cl	Hgt	Wgt	Hometown
1st	Rob DORNFRIED	Holy Cross	JR	5-8	176		Berlin, CT
2nd	Cory KEMPS	Assumption	FR	6-0	225		Carmel, IN

		College		Cl	Hgt	Wgt	Hometown
1st	Ernie MELLO	WPI	SO	5-10	175		Wilmington, MA
2nd	Alex JOHNSON	Holy Cross	JR	6-0	194		Indianapolis, IN

		College		Cl	Hgt	Wgt	Hometown
1st	Paul PEREZ	Assumption	SO	5-9	170		Brooklyn, NY
2nd	Devon JENNINGS	Fitchburg State	SR	5-6	155		Boston, MA

#### DEFENSIVE TEAM

		College		Cl	Hgt	Wgt	Hometown
1st	Brendan GOVE	WPI	JR	6-1	225		Rutland, MA
1st	Mude OHIMOR	Holy Cross	JR	6-3	246		Stoughton, MA
2nd	Patrick GREGORY	Nichols	JR	6-2	205		Webster, NY

		College		Cl	Hgt	Wgt	Hometown
1st	Mike FOLEY (08-2)	Assumption	JR	6-0	270		Holden, MA
1st	Bill HASSETT(07-2)(08-1)	Nichols	SR	6-3	220		Oxford, MA
2nd	Sean MC GINN	Fitchburg State	JR	6-2	285		Walpole, MA

		College		Cl	Hgt	Wgt	Hometown
1st	Dustin ZITZMANN (06/07/08-1)	Assumption	SR	5-11	215		Pinellas Park, FL
1st	Marcus RODRIGUEZ (08-1)	Holy Cross	SR	6-1	228		Peoria, AZ
1st	Anthony BIZZOTTO	Fitchburg State	JR	5-11	225		Leominster, MA
1st	Tyler RUSSELL (08-1)	Worcester State	JR	6-1	220		Princeton, MA
2nd	Jack MULHERN	WPI	JR	6-1	195		Worcester, MA
2nd	John DUTCHICK (08-2)	Becker	SO	6-2	230		Vernon, NY
2nd	Ethan MAXFIELD	Assumption	JR	6-1	210		Newport, NH
2nd	Richard BRANDT	Anna Maria	SO	6-2	240		Natick, MA

		College		Cl	Hgt	Wgt	Hometown
1st	Anthony DI MICHELE	Holy Cross	JR	5-9	185		McKees Rocks, PA
1st	Michael WRIGHT	Holy Cross	SR	5-10	220		Ft. Washington, MD
1st	Dale WHITTREDGE	Fitchburg State	SR	5-0	200		Haverhill, MA
1st	Brandan WALLACE	Nichols	JR	5-10	175		Windsor, CT
2nd	Alex JOHNSON	Holy Cross	JR	6-0	194		Indianapolis, IN
2nd	Paul LEWIS	Worcester State	JR	6-2	210		Worcester, MA
2nd	Jake BATEMAN	Becker	JR	5-11	190		New Bedford, MA
2nd	Chris BOUDREAU (07-2)	WPI	SR	6-2	205		Rensselaer, NY
2nd	Ryan CROWLEY	Assumption	JR	5-10	195		Norfolk, MA

**PUNTERS**

		<b>College</b>	<b>Cl</b>	<b>Hgt</b>	<b>Wgt</b>	<b>Hometown</b>
1st	Kyle CALLAHAN	Fitchburg State	SR	6-5	190	Stoneham, MA
	Don LEMIEUX	Holy Cross	JR	5-10	192	Gardner, MA
2nd	Cory KEMPS	Assumption	FR	6-0	225	Carmel, IN